

Coach's Code of Conduct

1. Respect the rights, dignity and worth of every human being.

- Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion.

2. Ensure the athlete's time spent with you is a positive experience.

- All athletes are deserving of equal attention and opportunities.

3. Treat each athlete as an individual.

- Respect the talent, developmental stage and goals of each individual athlete.
- Help each athlete reach their full potential.

4. Be fair, considerate and honest with athletes.

5. Be professional and accept responsibility for your actions.

- Display high standards in your language, manner, punctuality, preparation and presentation.
- Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators.
- Encourage your athletes to demonstrate the same qualities

6. Make a commitment to providing a quality service to your athletes.

- Maintain or improve your current NCAS accreditation.
- Seek continual improvement through performance appraisal and ongoing coach education.
- Provide a training program which is planned and sequential.
- Maintain appropriate records.

7. Operate within the rules and spirit of your sport.

- The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, such as anti-doping policy, selection procedures etc.
- Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA).

8. Any physical contact with athletes should be:

- appropriate to the situation
- necessary for the athlete's skill development. *

9. Refrain from any form of personal abuse towards your

- This includes verbal, physical and emotional abuse.

athletes. *

- Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.

10. Refrain from any form of harassment towards your athletes. *

- This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability.
- You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.

11. Provide a safe environment for training and competition.

- Ensure equipment and facilities meet safety standards.
- Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes.

12. Show concern and caution towards sick and injured athletes.

- Provide a modified training program where appropriate.
- Allow further participation in training and competition only when appropriate.
- Encourage athletes to seek medical advice when required.
- Maintain the same interest and support towards sick and injured athletes.

13. Be a positive role model for your sport and athletes.