

2010 Events list and websites (note under construction)

Date – event – website

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January

3 January – Jogalong

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

9-16 Jan – 30th National Running Week Thredbo

[www.mountainrunning.coolrunning.com.au](http://www.mountainrunning.coolrunning.com.au)

10 Jan – ACT Sprint Triathlon (750/20/5) and Novice Triathlon #3 (300/7.5/2.5) – Black Mountain Peninsula

[www.triathlonact.com.au](http://www.triathlonact.com.au)

14 Jan – Aquathlon #3 – (1000/7 long 300/3.5 short) – Acton Ferry Terminal

[www.triathlonact.com.au](http://www.triathlonact.com.au)

17 January – Veteran’s Cycling Club – Geoscience Australia Criterium 7.45am

[www.actvets.cc](http://www.actvets.cc)

22 Jan – Canberra Capital Lake Swim – 1500m or 400m – Rond Terrace

23 Jan – Enticer Triathlon 300/10/2 – Rond Terrace

24 Jan – Sprint Triathlon 750/20/5 – Rond Terrace

24 Jan – Canberra Capital Triathlon 1500/40/10 (Aust Olympic Distance Championships) – Rond Terrace

[www.triathlonact.com.au](http://www.triathlonact.com.au)

24 Jan – Veteran’s Cycling Club – Lookout Hill graded scratch (50.3/33km) 7.45am

[www.actvets.cc](http://www.actvets.cc)

31 Jan – Wagga Wagga ‘Come and try’ triathlon

[waggatriants.org.au/](http://waggatriants.org.au/)

31 Jan – Veteran’s Athletics Club Run/Walk Handicaps Campbell Park 3/6km 8.30am

[www.actvac.com.au](http://www.actvac.com.au)

31 Jan – Veteran’s Cycling Club – Dairy Flat Criterium 7.45am

[www.actvets.cc](http://www.actvets.cc)

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February

2 Feb – Cross Country Club Summer Series Boat House West 2/5km, 6.15pm, Molonglo Reach, Menindee Drive Parkes

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

4 Feb – Aquathlon #4 3/600/3 long 1.5/300/1.5 short – Yarralumla Bay  
[www.triathlonact.com.au](http://www.triathlonact.com.au)

7 Feb – Sri Chinmoy lake swims – 500m/2.5km/5 km – Yarralumla Bay  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

7 Feb – Jogalong  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

7 Feb – 27th Annual Cole Classic ocean swim – 1 and 2km options, Manly, Sydney  
[www.coleclassic.com](http://www.coleclassic.com)

7 Feb – Veteran’s Cycling Club – Uriarra Homestead graded scratch (38.2km) 7.45am  
[www.actvets.cc](http://www.actvets.cc)

9 Feb – Cross Country Club Summer Series Boat House East 2/5km, 6.15 pm, Molonglo Reach, Menindee Drive Parkes  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

13 Feb – Paddy Palin adventure race, Canberra (highly recommended for some memorable fun!)  
[www.arocsport.com.au](http://www.arocsport.com.au)

14 Feb – ACT Classic Tri Champs 1000/32/8 and Novice #5 400/16/4 – Acton Ferry Terminal  
[www.triathlonact.com.au](http://www.triathlonact.com.au)

14 Feb – Veteran’s Cycling Club – Dairy Flat Criterium 7.45am  
[www.actvets.cc](http://www.actvets.cc)

16 Feb – Cross Country Club Summer Series North Curtin 2/5km, 6.15pm, Dunstan Street, Curtin  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

19-21 Feb – Stromlo Running Festival, Stromlo Forest Park, Uriarra Road  
[www.stromlorunningfestival.com.au](http://www.stromlorunningfestival.com.au)

19-21 Feb – Jervis Bay Triathlon Festival including triathlons, ocean swim, criterium and fun run  
[www.eliteenergy.com.au/huskisson/index.html](http://www.eliteenergy.com.au/huskisson/index.html)

21 Feb – Lookout Hill Time Trial Elders Time Trial 19km, 7.45am  
[www.actvets.cc](http://www.actvets.cc)

23 Feb – Cross Country Club Summer Series Stromlo Forest Park, 2/5km, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

28 Feb – Mountain bike training day for FIT

28 Feb – Veteran's Athletics Club Run/Walk Handicaps North Curtin 3/6.5km 8.30am

[www.actvac.com.au](http://www.actvac.com.au)

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March

2 Mar – Canberra Cross Country Club Summer Series Weston Park 2/5km, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

7 Mar – Jogalong

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

7 Mar – Sri Chinmoy Multi-Sport Classic, Jindabyne

[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

7 Mar – Veteran's Cycling Club – Tidbinbilla Graded Scratch 49.5/41km, 7.45am

[www.actvets.cc](http://www.actvets.cc)

9 Mar – Cross Country Club Summer Series Acton Ferry Terminal 2/5km, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

14 Mar – Weston Creek Half Marathon, Black Mt Peninsula

[www.westoncreekathletics.org.au](http://www.westoncreekathletics.org.au)

16 Mar – Cross Country Club Summer Series Lake Ginninderra, 2/7.1km, Macdermott Place Belconnen, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

21 Mar – Newcastle Olympic Distance Triathlon

[www.trinswrace.org](http://www.trinswrace.org)

23 Mar – Cross Country Club Summer Series Stromlo Forest Park 2/5km, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

27 Mar – Cross Country Club Dunrossil Drive Yarralumla 2.1/4.2km

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

28 Mar – Veteran's Athletics Club Run/Walk Handicaps Stromlo Forest Park 4/8km 9am

[www.actvac.com.au](http://www.actvac.com.au)

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April

9-12 April Easter weekend – Twenty10 Orienteering

17 April – Cross Country Club Regatta Point 2/5km  
18 April – Cross Country Club Women's and Girls' Fun Run Commonwealth Park  
24 April – Cross Country Club Anzac Relays 4x3.6km, Northcote Drive Majura  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

25 April – Veteran's Athletics Club Run/Walk Handicaps Mt Majura Nature Park,  
Hackett 5/10km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## May

1 May – Cross Country Club North Lyneham 2/3.2/6.2km, Salkauskas Cr North  
Lyneham

2 May – Jogalong

8 May – Cross Country Club Parlauf Relays Stromlo Forest Park  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

9 May – Sri Chinmoy multi sport Yarrabi/Mulligans Flat – short and long courses of  
run/paddle/MTB/run  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

15 May – Cross Country Club Half Marathon Eve 5km Lennox Gardens Flynn Drive  
Yarralumla

16 May – Cross Country Club Canberra Half Marathon, Lennox Gardens Flynn Drive  
Yarralumla

22 May – Cross Country Club Isaacs Ridge 2/4/8 km, Shepherdson Pl Isaacs

29 May – Cross Country Club Campbell Park 2/3/6km Northcott Drive  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

29 May – Capital Punishment Mountain Bike Tour of Canberra  
[www.arocsport.com.au](http://www.arocsport.com.au)

30 May – Veteran's Athletics Club Run/Walk Handicaps West Stromlo 4.0/7.5km, 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## June

5 June – Cross Country Club Longstaff/Pennington 2/4/8/12km Weston Park Yarralumla

6 June – Jogalong

12 June – Cross Country Club Goorooyarroo 2/4/8 km Horse Park Drive Gungahlin  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

14 Jun – Sri Chinmoy Half Marathon / 5 mile and 2 mile races Telopea Park  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

20 June – Canada Day Fun Run Forster Crescent Yarralumla 10am

26 June – Cross Country Club Symonston 2/4.5/9km Callum Brae Nature Park  
Narrabundah Lane  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

27 June – Veteran’s Athletics Club Run/Walk Handicaps Mt Ainslie 4.5/9.3km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## July

3 July– Cross Country Club ACT CC Championships

4 July – Jogalong  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

4 July – Sri Chinmoy off road duathlon, Acton – short and long courses of run/MTB/run  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

10 July – Cross Country Club Cooleman Ridge 2/5/8km, western end Hindmarsh Drive  
Duffy

18 July– Cross Country Club Googong Half Marathon 2/4.2/21.1km, 2 person relay, Tin  
Hut off Googong South Road, 9am

24 July – Cross Country Club Runner’s Shop 2/5/10km Menindee Drive Parkes  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

25 July – Veteran’s Athletics Club Run/Walk Handicaps Blewitts Pines 3.5/7km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

31 July – Bush Capital Marathon Events Campbell High School – various distances and  
times

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## August

1 Aug – Jogalong  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

7 Aug – Cross Country Club Watson 2/4/5km Antill St Hackett  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

8 Aug – City to Surf Sydney

14 Aug – Cross Country Club Stromlo Forest Park 2/3/5km  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

22 Aug – Veteran’s Athletics Club Half Marathon Stage 88 Commonwealth Park  
[www.actvac.com.au](http://www.actvac.com.au)

28 Aug – Cross Country Club 10 miles Garry Owen Drive, Black Mountain Peninsula  
8am  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

29 Aug – Veteran’s Athletics Club Run/Walk Handicaps Mt Taylor 3.5/7km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## September

5 Sept – Jogalong  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

12 Sep – Canberra Times Fun Run and Fun Walk 10km/5km  
19 Sep – Cross Country Club Arboretum Fun Run 5.1km  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

26 Sep – Veteran’s Athletics Club Run/Walk Handicaps Parkway 4/9km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## October

3 Oct – Jogalong  
[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

3 Oct – Sri Chinmoy Googong Challenge – short and long courses run/paddle/MTB/run

4 Oct – Sri Chinmoy Labour Day fun runs – 4km/10km – Acton Ferry Terminal  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

10 Oct – Weston Creek Fun Run, Irish Club Weston  
30/31 Oct – Sri Chinmoy Triathlon Festival – short/sprint/classic and long course  
[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

31 October – Veteran’s Athletics Club Run/Walk Handicaps Bruce/O’Connor Ridge  
4/8km 9am  
[www.actvac.com.au](http://www.actvac.com.au)

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## November

2 Nov – Cross Country Club Boathouse East 2,5km Molonglo Reach Menindee Drive

7 Nov – Jogalong

9 Nov – Cross Country Club Weston Park 2/5km Weston Park Yarralumla

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

14 Nov – National Capital Swim

[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

16 Nov – Cross Country Club Barrenjoey Drive 2/5km off Lady Denman

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

21 Nov – Sri Chinmoy Triple Triathlon

[www.srichinmoyraces.org/au](http://www.srichinmoyraces.org/au)

23 Nov – Cross Country Club Black Mtn Peninsula 2/5km John Cardiff Close

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

28 Nov – Veteran's Athletics Club Run/Walk Handicaps Weston Park 3.5/7km 8.30am

[www.actvac.com.au](http://www.actvac.com.au)

30 Nov – Cross Country Club Stromlo Forest Park

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

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December

5 Dec – Jogalong

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

7 Dec – Cross Country Club Christmas Relays Lennox Gardens, 6.15pm

[www.canberrarunner.com.au](http://www.canberrarunner.com.au)

12 Dec – Black Mountain Challenge, John Cardiff Close, Black Mountain Peninsula

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