



WTTP 2018
fitact.org.au/2018-wttp



The **Women's Triathlon Training Program** is a training program run by Females in Training as an introduction to triathlon with a friendly and encouraging environment.

If you've ever thought about doing a triathlon and then the next thought started with 'but...' then the WTTP is right for you. Our mission is to give you the confidence to complete your first triathlon and have a great time doing it!

The program begins on Monday 15 October 2018 and runs for 9 weeks through to the Canberra Club Triathlon, on Saturday 15 December 2018.

More information at <http://www.fitact.org.au/2018-wttp/>
Enquiries: wttpnovice@fitact.org.au

Information session: Wednesday 19 September 6-7:30pm at YWCA Canberra Level 3, 71 Northbourne Ave, Canberra ACT 2601

Program orientation session: Monday 15 October 6-7:30pm at YWCA Canberra Level 3, 71 Northbourne Ave, Canberra ACT 2601

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